Nature hiking trails and Lookout Points of Cádiz

There are many ways to become acquainted with Andalusiais natural splendour and probably one of the most interesting and complete ways is through its nature hikins trails and lookout points. The trails take one through mountains, beaches and riparian areas and the lookout points offer beautiful panoramic views.
With the brochure that you have in your hands, which contains a selection of the most representative trails in each area together with a brief description, you can begin your tour of the natural spaces of Cadiz. If you need more information about any of the natural areas or their amenities in order to organize your visit, you can call any of the informational telephone numbers included in this publication.

www.juntadeandalucia.es/medioambiente/ventanadelvisitante

Doñana - Nature Area

>> Cerro del Águila

We depart from the La Algaida agricultural area to cover an itinerary that reaches the pine forests of Monte Algaida, a reforesting area in which we encounter marismenos cottages that are an example of the areais typical architecture. Surrounding the pine forest is a sandy area surrounded with mud flats and a hill that, traditionally, has given this trail its name.

INFORMATION

Fábrica de Hielo Visitors Centre.
Bajo de Guía s/n. Sanlúcar de Barrameda, Cádiz.
Tlf. 956 386 577.

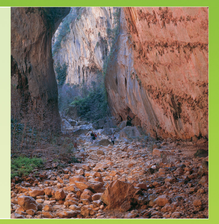
Sierra de Grazalema - N. Park

>> Río Majaceite

This is an agreeable walk from El Bosque to Benamahoma, adjacent to the Majaceite river, which is also called the El Bosque river and is the habitat of the elusive otters. We discover an excellent forest of galena, black poplar, ash and elm, and we observe the attempts to take advantage of the water course to generate energy with water wheels and the Eléctrica de la Sierra vintage power plant. A visit to the Molino de Benamahoma Ecomuseum is highly recommended.

>> Garganta Verde

Garganta Verde is a spectacular canyon of rock originating in the runoff from the waters of the Bocaleones arroyo which end in a cavity called the Cueva de la Ermita or Ermita de la Garganta because of its resemblance to the dome of a religious temple. In addition, this emblematic enclave is the habitat of an important colony of tawny vultures. It is a restricted access area requiring authorization from the Environmental Ministry.



>> El Torreón

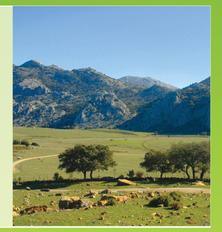
El Torreon (1,648 metres) is the highest peak in the sierra del Pinar and the highest point in the province of Cadiz. The climb to the peak, which is difficult, offers incomparable views of the Sierra de Gazalema, Los Alcornocales and the Cadiz coastline. The initial Mediterranean forest gives way to bare rock at the height, where, with luck, one can observe mountain goats.This is a restricted access area requiring authorization from the Environmental Ministry.

>> Salto del Cabrero

This trail, which starts at the community of Benaocaz and ends at a lookout point, has the benefit of allowing us to get an up-close view of a unique natural spot, El Salto del Cabrero. This is one of the most representative places in the Sierra de Grazalema, whose name refers to a fault of impressive vertical walls (eighty meters high) separated by a distance of fifty metres.

>> Llano del Republicano

The trail starts in the vicinity of Ermita de Villaluenga del Rosario and ends at the enormous plain that gives the trail its name. This place has a feeling of isolation, peace and quiet that accompanies us during the hike. The length of the trail there are chasms and so one must proceed with due caution. Given the presence of cattle, we must not forget to close the gates on the path.



>> El Pinsapar

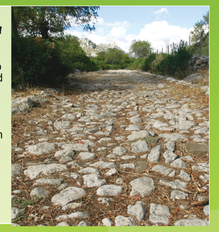
We begin on the road that connects Grazalema and Benamahoma with an ascent of the north side of the Sierra del Pinar, which allows one to view the remote Grazalema, Ronda and the Sierra de las Nieves, including the Sierra Nevada. The main attraction is observing the Spanish fir trees that first appear dispersed and later, in the shady area, become a dense, leafy and magical forest. This is a restricted access trail, and requires authorization from the Environmental Ministry.

>> Llanos de Rabel

This trail (also called Llanos del Reves) begins in the vicinity of Puerto de Los Acebuches and proceeds through the Reserve Area of the Natural Park, reaching the shaded area of the Sierra del Pinar. Little by little we approach El Pinsapar and it will be easy to observe one of the tawny vultures that populate the area around Garganta Verde. This trail requires the authorization of the Environmental Ministry.

>> La Calzada Romana

This trail takes us from Benaocaz to Ubrique the length of a well-preserved Roman thoroughfare whose origins are described in a sign. It is one of the most colourful excursions in the Natural Park. The final leg, near Ubrique, enters a wooded grove with cattle ranches. This community is worth a visit, especially to see its characteristic fountains.



>> INFORMATION

Natural Park Office Information Centre. Avda. de la Diputación s/n El Bosque (Cádiz). Tlf. 956 709 703.
El Bosque Visitors Centre. Avenida de la Diputación s/n. El Bosque, Cádiz.Tlf. 956 727 029.

Zahara de la Sierra Information Centre. Plaza de Zahara, 3. Zahara de la Sierra, Cádiz.Tfno: 956 123 114.

Agua Molino de Benamahoma Ecomuseum. C/Nacimiento, s/n. Benamahoma, Cádiz.Tlf. 956 727 105.
Benaocaz Historical Ecomuseum. C/Jabonerìa, 7. Benaocaz, Cádiz. Tlf. 956 125 500.

Dear Hiker:

- Stay on the pathways
- Deposit trash in receptacles
- Respect private property
- Avoid excessive noise
- Motor vehicles are not allowed
- Unrestricted camping
- Collecting rocks and minerals prohibited
- Collecting plants prohibited
- Capturing animals prohibited
- Fires prohibited

And remember:

- Use appropriate footwear and comfortable clothing
- Protect yourself from the sun
- Carry drinking water with you
- Check the weather before hiking

www.cadizturismo.com

Andalucía

JUNTA DE ANDALUCIA
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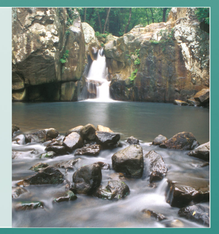
Diputación de Cádiz | PATRONATO PROVINCIAL DE TURISMO

CADIZ

Los Alcornocales - N. Park

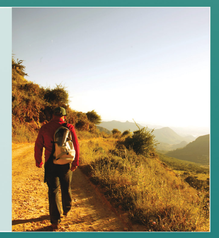
>> Río de la Miel

The trail begins in the Algeciras district of El Cobre. After a short distance we encounter the Escalona Mill, one of the few still functioning in Los Alcornolcales. Following the left border we come upon a beautiful stone bridge in the medieval style that only allows the passage of handcarts. This bridge connected the route between Algeciras Bay with Sidonia and the Bay of Cadiz, which was dominated by bandits and highwaymen.



>> Subida al Aljibe

First we pass by a cork grove with impressive century-old specimens and later through a gall oak forest that in wintertime is beautified by streams filled with water and numerous ferns. Farther along we see an area of stony wasteland, red soils and brush in which there is cork oak stunted by the climate conditions. This restricted access trail ends at the La Sauceda trail.



>> Garganta del Puerto Oscuro

A cork oak grove surrounds the length of this short walk that also as attractions such as the calm Laguna de El Picacho and ends at the stream from which it takes its name. Puerto Oscuro forms a valley and the mouth of the Barbate river, one of the most important in the province of Cadiz. On the road we can observe ruins that are testimony to activities such as baking, ranching and coal mining.

>> La Calzada Dehesa Boyal

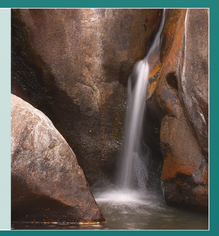
La Calzada is a trail that brings us close to a road believed to be of Roman origin and is familiar to area residents of Castellar de la Frontera. Flanked by rockroses, we come to a tower whose purpose was to guard this strategic point. Farther along is a castle whose construction dates to the 10th century, and so shows a notable Muslim influence. It is notable that this fortification has been inhabited up to the present day.

>> Río Hozgarganta

The trail passes by this river and very close to the village of Jimena de la Frontera. It allows us to become familiar a clean and traditional form of energy for our ancestors, the waterwheels. We encounter a large water canal, the Cao. This was built at the end of the 18th century to serve an iron foundry knows as the bomb factory, which saw service during the siege of Gibraltar and later beame a flour mill.

>> Río Guadalmesí

River of the women is a tradition of Arab origin that gives this trail its name. Its uniqueness is in its vegetation, which allows us to be transported thousands of years back in time. Back then, the Mediterranean had a tropical climate and there were forests of small trees with leaves similar to the laurel, from which comes its name laurisilva. We can still enjoy the presence of these plants along the river Guadalmesi and other zones of Los Alcornocales.



>> Arroyo de S^n Carlos del Tiradero

The major attraction of this trail is the walk through a leafy forest of gall oaks in a natural space in which cork oaks dominate and, on the other side, the banks of the lovely stream where it ends. The abundance of water, mild temperatures, moderate sunshine and the type of soil have made possible this gall oak whose appearance contrasts with the corridor of alders that line the riverbank.

>> INFORMATION

Natural Park Office Information Centre. Plaza San Jorge, 1. Alcalá de los Gazules. (Cádiz). Tlf: 956 418 601.

El Aljibe Visitors Centre. Ctra. C-2112 Alcalá de los Gazules - Benalup Casas Viejas, km 1.
Alcalá de los Gazules, Cádiz.Tlf: 956 420 529.

Huerta Grande Visitors Centre. Ctra. N-340 Km. 96. Bda. El Pelayo. Algeciras (Cádiz).

Casas Viejas Information Centre. Casa de la Cultura. C/ Conciliar, s/n. Benalup - Casas Viejas, Cádiz.Tlf: 956 424 179.

Centro Artesanal Information Centre. Plaza de la Iglesia Mayor, s/n. Medina Sidonia, Cádiz.Tlf: 956 412 404.

Alcalá de los Gazules Information Centre. Parada Sementales, Avda. Los Alcornocales, 1. Alcalá de los Gazules, Cádiz.
Tlf: 956 420 451.

Castillo de Castellar Information Centre. Ctra.CA-5131. Taraguilla, Castellar de la Frontera, Cádiz.Tlf: 956 236 887.

Jimena de la Frontera Information Centre. C/ Misericordia, s/n. Jimena de la Frontera, Cádiz.Tlf: 956 640 569.

Los Barrios Information Centre. Avda. Defensor del Pueblo, Chamiza de la Rubia, s/n. Los Barrios,Cádiz. Tlf: 956 628 013.

El Estrecho - Natural Park

>> Duna de Bolonia

Through this short and agreeable trail one can become familiar with the most representative elements of the Natural Park: The Roman ruins of the Baelo Claudia village and the Natural Dune Monument of Bolonia. Going past the dune, the road passes beneath a reforested pine forest and winds through interesting Mediterranean wetlands composed of emblematic species such as marine junipers, small palms, etc. until reaching the end of the trail.

>> Faro Camarinal

Located between Bolonia cove and Zahara, this trail leads us to Cabo de Gracia, crowned by an ancient watchtower converted to the Camarinal Lighthouse, from which one can enjoy extraordinary views and the flight of marine birds such as shearwaters or gannets. The final leg of this path has a beautiful panoramic view of the Bolonia dune and idyllic Cañuelo beach.

INFORMATION

Natural Park Office Information Centre. C/ Coghen s/n San Fernando (Cádiz). Tlf: 956 203 177

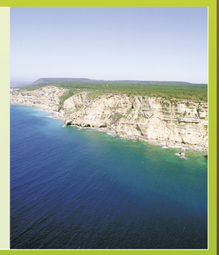
Information Centre N.P. del Estrecho. Ctra. N-340 Km. 77,5. Tarifa (Cádiz) Tlf: 697 955 540

Huerta Grande Visitors Centre. Ctra. N-340, km 96. Bda. El Pelayo, Algeciras, Cádiz. Tlf: 956 679 161.

La Breña and Marismas Del Barbate – N. Park

>> Acantilado de Barbate

This trail meanders along the edge of Acantilado de Barbate, a spectacular vertical cliff, whose route can be covered in two legs, using the Torre del Tajo and its imposing panoramas as an intermediate landmark. The materials in these walls have been modified by the water and because of its permeability have given rise to the formation of aquifers that erupt in the cliff that are known as the Yerbabuena water channels and beach.



>> Jarillo-Torre de Meca

This trail starts from the El Jarillo recreation area and follows a path between pine forests of stone pine. The path takes us to the Majales del Sol recreation area, where we can observe a eucalyptus arboretum, a collection of ten species used for experimentation. Abandoning the principal route and following the signs we came to the end of the trail, the Torre de Meca and the Trafalgar lookout point, where we can enjoy panoramic views of Tómbolo de Trafalgar and Los Caños de Meca

INFORMATION

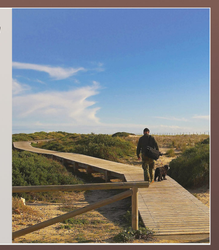
Natural Park Office Information Centre.
C/ Coghen s/n 11100-San Fernando. Cádiz.Tlf: 956 203 187

Punto de Información de Barbate.
Punto Deportivo s/n. Barbate (Cádiz).

Bahía de Cádiz - Natural Park

>> Punta del Boquerón

The length of this comfortable walk by Castillo beach we discover that we are walking at the edge of a sand bar, the Punta del Boquerón. On one side we have Caño de Sancti-Petri, one of the most well preserved wetlands in the Park. On the other side are the beach and an area that may or may not be submerged, depending on the tides. Farther inland are the dunes, created by the combination of sand and wind.



>> Tres Amigos Río Arillo

For those unfamiliar with them, the salt works have the appearance of random labyrinths. However, they correspond to an orderly structure that we can discover on this trail. The conduction and containment of sea water through sometimes winding and sometimes straight water channels, known as caños, makes possible, thanks to the sun, the crystallization of salt in the tajos. This trail has ornithological interest because we can observe numerous species of birds such as the black-winged stilt, avocets, sandpipers and flamingos, among others.

INFORMATION

Natural Park Office Information Centre.
C/ Coghen s/n 11100-San Fernando. Cádiz.Tlf: 956 203 187.

Centro de Visitantes P.P. Bahía de Cádiz
Paraje "La Leocadia" s/n. San Fernando (Cádiz). Tlf: 956 100 028.

TRAILS

DOÑANA NATURAL SPACE

01. Cerro del Águila.
Distance: 4 Km. Time: 1:30 hours. Difficulty: Low.

COMPLEJO ENDORREICO DE ESPERA NATURAL AREA

02. Lagunas de Espera
Distance: 2 Km. Time: 45 min. Difficulty: Low.

SIERRA DE GRAZALEMA NATURAL PARK

03. La Ladera
Distance: 1.5 Km. Time: 45 min. Difficulty: Low.
04. La Bodega
Distance: 2 Km. Time: 30 min. Difficulty: Low.
05. La Garganta Verde
Distance: 2.7 Km. Time: 2:30 hours. Difficulty: Moderate-High.
06. Llano del Rabel
Distance: 9.6 Km. Time: 4 hours. Difficulty: Moderate.
07. Pinsapar
Distance: 12 Km. Time: 5 hours. Difficulty: Moderate.
08. Río Majaceite
Distance: 4.2 Km. Time: 2 hours. Difficulty: Low.
09. El Torreón
Distance: 5 Km. Time: 3 hours. Difficulty: High.
10. Tesorillo
Distance: 650 m. Time: 20 min. Difficulty: Low.
11. Arroyo del Descansadero.
Distance: 1.1 Km. Time: 30 min. Difficulty: Low.
12. Los Llanos del Berral
Distance: 820 m. Time: 20 min. Difficulty: Low.
13. Camino de los Charcones (Pto. Boyar)
Distance: 1.8 Km. Time: 45 min. Difficulty: Low.
14. La Ermita y el Santo
Distance: 275 m. Time: 15 min. Difficulty: Low.
15. Llanos del Endrinal
Distance: 2.2 Km. Time: 1 hour. Difficulty: Moderate.
16. Salto del Cabrero
Distance: 7.2 Km. Time: 4 hours. Difficulty: Moderate.
17. Ojo del Moro
Distance: 1.5 Km. Time: 45 min. Difficulty: Low.
18. Piedra Parda
Distance:1.8 Km. Time: 45 min. Difficulty: Low.
19. La Calzada Romana
Distance: 2.9 Km. Time: 1 hour. Difficulty: Low
20. Llano del Republicano
Distance: 3.9 Km. Time: 2 hours. Difficulty: Low.

LOS ALCORNOCALES NATURAL PARK

21. Travesía del Aljibe
Distance: 10 Km. Time: 5-6 hours. Difficulty: High.
22. Garganta de Puerto Oscuro
Distance: 1.2 Km. Time: 45 min. Difficulty: Low.
23. Subida al Picacho
Distance: 3 Km. Time: 1:30 hours. Difficulty: Moderate.
24. Subida al Aljibe
Distance: 6.6 Km. Time: 4 hours. Difficulty: High.
25. Ruta de los Molinos
Distance: 3.5 Km. Time: 1 hour. Difficulty: Moderate.
26. Vereda de Ubrique-Asomadilla
Distance: 8 Km. Time: 4 hours. Difficulty: Low.
27. Río Hozgarganta
Distance: 3.8 Km. Time: 2 hours. Difficulty: Low.
28. Tajo de las Figuras
Distance: 600 m. Time: 15 min. Difficulty: Low.
29. La calzada Dehesa Boyal
Distance: 4.5 Km. Time: 2 hours. Difficulty: Moderate.
30. El Palancar
Distance: 6.6 Km. Time: 4 hours. Difficulty: Moderate.
31. Arroyo de San Carlos del Tiradero
Distance: 2.5 Km. Time: 1 hour. Difficulty: Low.
32. Canuto de Risco Blanco
Distance: 4.3 Km. Time: 3-4 hours. Difficulty: Moderate.
33. Río de la Miel
Distance: 2.5 Km. Time: 1:50 hours. Difficulty: Low.
34. Río Guadalmesí
Distance: 6.6 Km. Time: 4 hours. Difficulty: Moderate.

EL ESTRECHO NATURAL PARK

35. Las Arenillas
Distance: 1.2 Km. Time: 30 min. Difficulty: Low.
36. Cerro del Tambor
Distance: 650 m. Time: 15 min. Difficulty: Low.
37. Colada de la Costa
Distance: 11.1 Km. Time: 4:30 hours. Difficulty: Low.
38. Los Lances
Distance: 1.2 Km. Time: 30 min. Difficulty: Low.
39. Los Algarbes-Betijuelo
Distance: 5.6 Km. Time: 2 hours. Difficulty: Moderate.
40. Duna de Bolonia
Distance: 1.4 Km. Time: 40 min. Difficulty: Low.
41. Faro camarinal
Distance: 1.3 Km. Time: 30 min. Difficulty: Low.
42. Puerto de Bolonia-Pulido
Distance: 9.7 Km. Time: 4 hours. Difficulty: Moderate.

LA BREÑA NATURAL BEACH AND MARISMAS DEL BARBATE

43. Marismas del Barbate
Distance: 12 Km. Time: 4:30 hours. Difficulty: Moderate-Low.
44. Del Acantilado
Distance: 6.2 Km. Time: 4:30 hours. Difficulty: Moderate.
45. Torre del Tajo
Distance: 1.6 Km. Time: 1:60 hours. Difficulty: Low.
46. Jarillo-Torre de Meca
Distance: 3.4 Km. Time: 2 hours. Difficulty: Low.
47. Caños-Torre de Meca
Distance: 4 Km. Time: 1:30 hours. Difficulty: Low.

BAHÍA DE CÁDIZ NATURAL PARK

48. Punta del Boquerón
Distance: 2 Km. Time: 45 min. Difficulty: Low.
49. Tres Amigos-Río Arillo
Distance: 4.6 Km. Time: 1:30 hours. Difficulty: Low.
50. Salinas Dolores
Distance: 4 Km. Time: 1:30 hours. Difficulty: Low.
51. Los Toruños
Distance: 5.2 Km. Time: 2 hours. Difficulty: Low.
52. Pinar de la Algaida - Salina Desamparados
Distance: 18 Km. Time: 6 hours. Difficulty: Moderate.

LAGUNA DE MEDINA NATURAL AREA

53. Laguna de Medina
Distance: 1.3 Km. Time: 30 min. Difficulty: Low.

Lookout points

SIERRA DE LÍJAR - ALGODONALES

01. De Poniente

P.N. SIERRA DE GRAZALEMA

02. La Ladera
03. Puerto de los Acebuches
04. Puerto de las Palomas
05. Asomadero de Grazalema
06. Puerto del Boyar
07. Cintillo (La Manga)

P.N. LOS ALCORNOCALES

08. Mojón de la Víbora
09. Puerto de las Palomas
10. Puerto de las Calabazas
11. Puerto de las Asomadillas
12. La Calzada
13. Puerto de Ojén
14. Hoyo de Don Pedro
15. Cabecera del Río de la Miel

P.N. DEL ESTRECHO

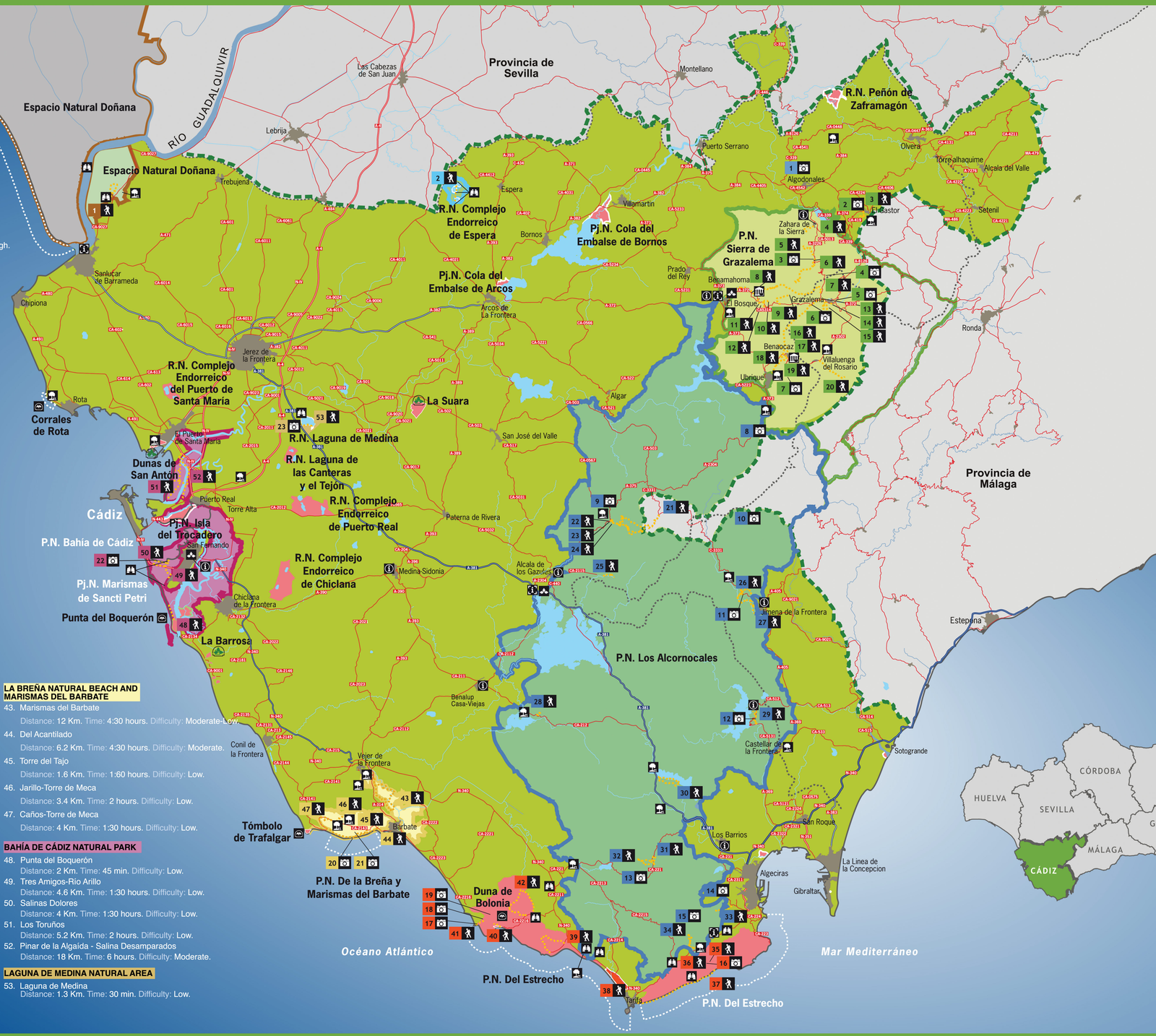
16. Cerro del Tambor
17. Faro Camarinal
18. Camarinal
19. Cueva del Moro

P.N. DE LA BREÑA Y MARISMAS DEL BARBATE

20. El Acantilado
21. De Trafalgar

P.N. BAHÍA DE CÁDIZ

22. Salinas Dolores

R.N. LAGUNA DE MEDINA

23. Laguna de Medina